

Intro / Recreational September Schedule

Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Date	2-Sep	3-Sep	4-Sep	5-Sep	6-Sep	7-Sep	8-Sep
Intro Gold UofR	Off	Off	Off	4:30 - 6:30pm	Off	Off	Off
Intro Silver UofR	Off	Off	Off	4:30 - 6:30pm	Off	Off	Off
Intro Bronze UofR	Off	Off	Off	4:30 - 6:30pm	Off	Off	Off
Intro Silver Lawson	Off	Off	Off	4:30 - 6:30pm	Off	Off	Off
Recreational	Off	Off	Off	4:30 - 6:30pm	Off	Off	Off
Activity		Welcome Back BBQ					
Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Date	9-Sep	10-Sep	11-Sep	12-Sep	13-Sep	14-Sep	15-Sep
Intro Gold UofR	4:30 - 6:30pm	Off	4:30 - 6:30pm	Off	Off	Off	Off
Intro Silver UofR	4:30 - 6:30pm	Off	4:30 - 6:30pm	Off	Off	Off	Off
Intro Bronze UofR	4:30 - 6:30pm	Off	4:30 - 6:30pm	Off	Off	Off	Off
Intro Silver Lawson	4:30 - 6:30pm	Off	4:30 - 6:30pm	Off	Off	Off	Off
Recreational	4:30 - 6:30pm	Off	Off	4:30 - 6:30pm	Off	Off	Off
Activity	Team Photos				Intro to Mental Skills	Team Building Games	Terry Fox Run
Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Date	16-Sep	17-Sep	18-Sep	19-Sep	20-Sep	21-Sep	22-Sep
Intro Gold UofR	5:00 - 6:30pm	Off	4:15 - 5:30pm	5:00 - 6:30pm	5:15 - 6:30pm	Off	Off
Intro Silver UofR	4:45 - 6:00pm	Off	5:15 - 6:30pm	Off	4:15 - 5:30pm	Off	Off
Intro Bronze UofR	4:45 - 5:45pm	Off	4:45 - 5:45pm	Off	Off	Off	Off
Intro Silver Lawson	Off	3:45 - 5:30pm	Off	3:45 - 5:30pm	Off	Off	Off
Recreational	3:45 - 5:30pm	Off	3:45 - 5:30pm	Off	Off	Off	Off
Activity							
Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Date	23-Sep	24-Sep	25-Sep	26-Sep	27-Sep	28-Sep	29-Sep
Intro Gold UofR	5:00 - 6:30pm	Off	4:15 - 5:30pm	5:00 - 6:30pm	5:15 - 6:30pm	Off	Off
Intro Silver UofR	4:45 - 6:00pm	Off	5:15 - 6:30pm	Off	4:15 - 5:30pm	Off	Off
Intro Bronze UofR	4:45 - 5:45pm	Off	4:45 - 5:45pm	Off	Off	Off	Off
Intro Silver Lawson	Off	3:45 - 5:30pm	Off	3:45 - 5:30pm	Off	Off	Off
Recreational	3:45 - 5:30pm	Off	3:45 - 5:30pm	Off	Off	Off	Off
Activity							
Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Date	30-Sep	1-Oct	2-Oct	3-Oct	4-Oct	5-Oct	6-Oct
Intro Gold UofR	8:45 - 10:30am	Off	4:15 - 5:30pm	5:00 - 6:30pm	Normal Banfield Memorial	Normal Banfield Memorial	Normal Banfield Memorial
Intro Silver UofR	8:45 - 10:30am	Off	5:15 - 6:30pm	Off	Normal Banfield Memorial	Normal Banfield Memorial	Normal Banfield Memorial
Intro Bronze UofR	8:45 - 10:30am	Off	4:45 - 5:45pm	Off	Normal Banfield Memorial	Normal Banfield Memorial	Normal Banfield Memorial
Intro Silver Lawson	Off	3:45 - 5:30pm	Off	3:45 - 5:30pm	Normal Banfield Memorial	Normal Banfield Memorial	Normal Banfield Memorial
Recreational	8:45 - 10:30am	Off	3:45 - 5:30pm	Off	Off	Off	Off
Activity							

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