

Upcoming Events

Michelle Moore Meet

May 10-12

Lawson Aquatic Centre

Black and Green Meet #3

May 24

University of Regina

Lasers Invitational

May 31-June 2

Shaw Centre, Saskatoon

CSI: 2024

May 31-June 2

MNP Centre, Calgary

KCS Tru Wolfpack

June 6-10

Kamloops, BC



Regina Optimist Dolphin Swim Team

Weekly Newsletter April 29, 2024

Upcoming Meets in May and June

Michelle Moore May 10-12

Our next team hosted meet is coming up May 10-12. All prospect through Elite swimmers are signed up. All Intro to Competitive and Recreational swimmers are encouraged to sign up on the events page. The deadline to sign up and decline is tonight, **April 29**. The sign up for parent volunteers is also open. All swimmers Prospect and above must have parents volunteering at four of the five sessions during the meet.

Upcoming Events

Black and Green Meet #3 May 24

Our next black and green mini meet is scheduled Friday, May 24 at the University 430-630PM. All Junior, Prospect and Intro to Competitive swimmers are signed up. Please decline on the events page if you are unable to attend. Dolphin level swimmers will also be invited to participate.

Lasers Invitational May 31-June 2

The Lasers Invitational is in Saskatoon at the Shaw Centre. This meet is for all Prospect swimmers and Junior swimmers not attending CSI. All Intro to Competitive swimmers are welcome to sign up on the events page. The deadline to sign up and decline is May 17. Coach Rick will be attending. We are still in need of a chaperone for this meet. This is a self travel meet. Please note if your swimmer is in need of carpooling. Parents wanting a room in the hotel block please email the office to request. The hotel rate is \$131 and the deadline for reserving is May 3.

CSI: 2024 May 30-June 2

CSI is held at the MNP Sport Centre in Calgary. We will be traveling to the meet by mini vans, departing Thursday, May 30. We are in need of THREE CHAPERONES to drive mini vans. Please respond ASAP if you are able to help. All qualified swimmers have been signed up. If you are unable to attend, the decline date is **April 29**.

Please make note of sign up/decline dates that are tonight, April 29.

SAGM – June 17, 2024

Please mark your calendars and plan to attend the SAGM at 7PM on Monday, June 17 at the Regina Fieldhouse/Lawson Aquatic Centre.

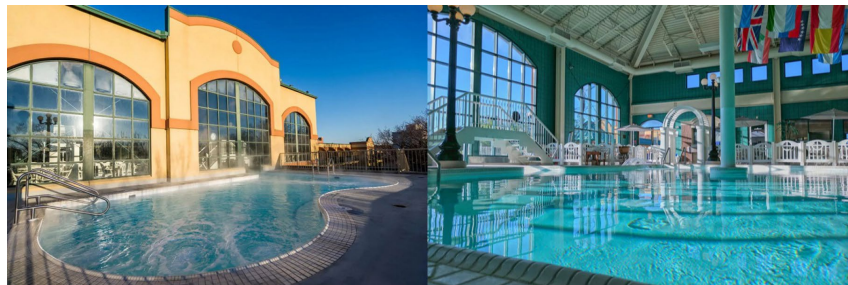
The SAGM objectives include reviewing the budget for the 2024-25 season, handbook updates and board position elections. The following positions are open for nominations:

Vice President
Director of Finance (Treasurer)
Director of Admin
Director at Large

Please consider joining the board. Support our swimmers and make a positive impact. Please submit nominations to the office.

Fundraising

Tickets have been handed out for our spring fundraiser with a \$1000 prize package from Temple Gardens Hotel and Spa. Fundraising for tickets sold will be credited to your swim account. Please return ticket stubs and cash to the office. Anyone not planning to sell their tickets please return to your coach or to the office as we have others who would like more tickets to sell.



Happy Birthday Jane!

★ **HAPPY** ★
BIRTHDAY!

Sask Summer Games

MALE SWIMMERS:

Swim Sask has reviewed the Athlete Intent to Participate forms for Sask Summer Games. There are still spaces for **MALE** swimmers. As a result, they are extending the deadline for any **MALE** swimmers to submit their Intent to Participate Form to **Friday, May 3 at 12:00 pm (noon)**. Here is the link to complete the JotForm: <https://form.jotform.com/241194549217258>.

Swimmers must meet the criteria as outlined in the Technical Package and Athlete Selection Criteria. Please keep in mind swimmers wanting to attend both Summer Games and Swim Alberta Summer Provincials will be able to do that.

Swim Sask has the following virtual officials clinics available in May and June.



The poster features a blue water background with a white and green logo in the top right corner. The logo consists of a green circle containing a white 'SK' and a red maple leaf above a white wave. The main title is in large white letters. Below it, a red banner states the registration start date. The central part of the poster is a white box with a blue border containing a table of clinic details. At the bottom of this box is a grey box with white text. The entire poster is framed by a blue border.

SPRING 2024 VIRTUAL OFFICIALS CLINICS

***REGISTRATION OPEN: MAY 1 @ 8:00 AM**

STARTER TUESDAY, MAY 21 6:30 PM-8:30 PM Sign up by 8am on May 17	STROKE & TURN SATURDAY, JUNE 8 1:00 PM-5:00 PM Sign up by 8am on June 6
MEET MANAGER SATURDAY, MAY 25 8:30 AM-12:30 PM Sign up by 8am on May 23	CFJ/CJE/RECORDER SUNDAY, JUNE 9 8:30 AM-12:30 PM Sign up by 8am on June 6
STROKE & TURN SUNDAY, MAY 26 8:30 AM-12:30 PM Sign up by 8am on May 23	STARTER THURSDAY, JUNE 13 6:30 PM-8:30 PM Sign up by 8am on June 11

OFFICIALS MUST COMPLETE INTRO TO OFFICIATING (TIMEKEEPER) AND SAFETY MARSHAL E-MODULES PRIOR TO ATTENDING THESE CLINICS.

REGISTER ONLINE AT: EDU.SWIMMING.CA

We are looking for a singer to sing O'Canada at Michelle Moore and ManSask. Do we have any swimmers or family members who would like to do this?



Contact Us

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