Upcoming Events

PWI Winnipeg December 15-18

Knight Archer Winter Solstice Meet Lawson Aquatic Centre December 17-18

Christmas Pool Party and Potluck

December 20



Regina Optimist Dolphin Swim Team

Weekly Newsletter, December 2, 2022

Congratulations to **GISELLE MARCOTTE** in achieving your GREEN PIN, LEVEL 4 OFFICIAL!



Fundraising

Please go to our events page to sign up for **Bingo**. This is a great way to meet other parents and earn money towards your account. Check your calendar and see where you can help out. Remember to check in often to the events page to see new dates or events added to the calendar. Bingos have been posted through to **January 27**.

Regina Dolphins Swim Team - Events (teamunify.com)

Regina Optimist Dolphins - Fundraising Opportunities (teamunify.com)

Lululemon Team Order

Deadline to order is Sunday, December 4.

The team is making a Lululemon order in December. Following are the items available with this order. You will see everything is **half price** of retail.

All orders are due by Sunday, December 4th, 2002 to ensure delivery before Christmas! If you are ordering gifts for your swimmers, please let us know & you can pick up from the office.

Please fill out a separate order form for each piece of clothing. Inventory can't be guaranteed, so 2nd choices are encouraged. You will only be charged for what you receive.

Women's Styles:

Scuba Full Zip Hoodie \$60: <u>https://forms.gle/ANLg38Kz9RUyxv3Y8</u>

Hottie Short 2.5" \$35: <u>https://forms.gle/1zDPMyAXwVyyhbMm7</u>

Scuba High Rise Jogger \$65: <u>https://forms.gle/1WZTQQbB5R86X4MS7</u>

Align Tank \$35: <u>https://forms.gle/KrUWcXmyT7uc9oMbA</u>

InvisiWear Bikini \$9: https://forms.gle/eWBW8paKj5G8tGLZ8

Men's Styles:

City Sweat Jogger \$65: <u>https://forms.gle/Nv24a7X3HTAjPNWTA</u>

City Sweat Pullover \$65: <u>https://forms.gle/p2npgYdhZ8noDyh86</u>

Metal Vent Long Sleeve \$45: <u>https://forms.gle/q633ToNXVooD8wXy5</u>

AIM Boxer \$14: <u>https://forms.gle/yyjVq8J9pimQs7nH8</u>

Upcoming Meets

Prairie Winter Invitational the Pan Am Pool in Winnipeg, December 15-18. The bus will be leaving the Lawson at 9AM Thursday, December 15. **Chaperones are still required for this meet!**

Knight Archer Winter Solstice Meet at the Lawson December 17-18. This is our first team-hosted meet of the season.

Job sign-up is now open. All officials who work all three sessions will have their name entered in a draw for a **\$50 gift card to Victoria's Tavern** donated by Mike and Erin Harlos. We need all parents to sign up to help out, even if your swimmer is attending PWI. If you have questions on some of the different positions available please ask.

Regina Dolphins Swim Team - Events (teamunify.com)

Please contact the office if you are interested in chaperoning or finding out more information. It's a great opportunity for the swimmers to be able to travel as a team to meets but they cannot go without chaperones. Chaperoning is a great way to meet all the kids, watch some great racing, have your travel expenses covered, and earn volunteer points (40 points per day).



RODS Hosted Meets this season

Our team is hosting three swim meets this season

Knight Archer Winter Solstice Meet – December 17-18

Regina Winter Classic presented by Stone Bridge Redi-Mix – January 13-15

Michelle Moore Invitational presented by Regina Orthodontic Group-May 19-21



Happy Birthday to Josh AK, Vina C and Jesaia S

Christmas Party

Our Christmas pool party is planned **Tuesday December 20.** There will be fun in the pool followed by a pot luck supper in Classroom 1 Fieldhouse as well as a Secret Santa Gift Exchange.

400-630PM. This will be the last day before the Christmas break.



Names will be drawn for each group. Please only include your name if you are planning to attend the party. Gifts can be approx. \$20

Details for the home training camp after Christmas will be coming soon.

Contact Us

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Regina SK S4S 3R9

306-586-3909 office@reginadolphins.com

Office Hours at the Lawson Monday-Thursday 4-6PM

Thank you to our Sponsors

























REGINA ORTHODONTIC GROUP





REGINA OPTIMIST DOLPHINS SWIM TEAM

Pride, Discipline, Loyalty, Commitment and Respect