

Upcoming Events

Regina Winter Classic
Presented by Stone
Bridge Redi-Mix

January 13-15

Al Anderson's Winter
Classic, Saskatoon

February 3-5

Black and Green Meet 3

University of Regina

February 17

Western Transmountain
Festival, Calgary

February 18-19

Regina Optimist Dolphin Swim Team

Weekly Newsletter, January 11, 2023

Regina Winter Classic presented by Stone Bridge Redi-Mix

Our second team hosted swim meet of the season is January 13-15. All parents are needed to sign up to volunteer. There are still many open positions and we cannot run the meet without all families helping out.

[Management Console - Regina Optimist Dolphins Swim Team - TeamUnify](#)

Schedule:

Session 1: Friday 13 January:

Tshirt Colour: Green
4:00 PM: Arrive On Deck
4:10 PM: Activation
4:30 PM: Warm - Up
5:30 PM: Competition

Session 2: Saturday 14 January

Tshirt Colour: Black
08:00 AM: Arrive On Deck
08:10 AM: Activation
08:30 AM: Warm - Up
09:30 AM: Competition

Session 3: Saturday 14 January

Tshirt Colour: Green
4:00 PM: Arrive On Deck
4:10 PM: Activation
4:30 PM: Warm - Up
5:30 PM: Competition

Session 4: Sunday 15 January

Tshirt Colour: Black
08:00 AM: Arrive On Deck
08:10 AM: Activation
08:30 AM: Warm - Up
09:30 AM: Competition



REGINA OPTIMIST
DOLPHINS
SWIM TEAM



Two Apps Everyone Should Have



[OnDeck on the App Store \(apple.com\)](#)

Sign in using your Team Unify information

Also for swim meets, it's a must



[Meet Mobile: Swim on the App Store \(apple.com\)](#)

Al Anderson's Winter Classic

Al Anderson's Winter Classic in Saskatoon is February 3-5. All swimmers in prospect, junior, junior advanced and elite are signed up. Deadline to decline if you are unable to attend is January 18. The bus will go up Friday morning and return Sunday evening. Chaperones are Jaylene Hansen and Kathleen Eisler, thank you.

Black and Green Meet 3

Our third black and green meet will be held Friday, February 17 at the University pool. This mini meet is for all swimmers in Intro to Competitive, Recreational and Dolphin level learn to swim lessons.

Update to Intro to Competitive Schedule

Intro to Competitive / Recreational January Schedule							
Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Date	2-Jan	3-Jan	4-Jan	5-Jan	6-Jan	7-Jan	8-Jan
Intro U of R	Off	Off	4:45-5:30	Off	4:45-5:30	Off	Off
Intro Lawson	Off	Off	Off	4:00-5:30	Off	Off	Off
Recreational	Off	Off	Off	4:00-5:30	Off		
Activity							
Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Date	9-Jan	10-Jan	11-Jan	12-Jan	13-Jan	14-Jan	15-Jan
Intro U of R	4:45-5:30	Off	4:45-5:30	Off	WinterClassic	WinterClassic	WinterClassic
Intro Lawson	Off	4:00-5:30	Off	4:00-5:30	WinterClassic	WinterClassic	WinterClassic
Recreational	4:00-5:30		Off	4:00-5:30	Off		
Activity							
Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Date	16-Jan	17-Jan	18-Jan	19-Jan	20-Jan	21-Jan	22-Jan
Intro U of R	4:45-5:30	Off	4:45-5:30	Off	4:45-5:30	Off	Off
Intro Lawson	Off	4:00-5:30	Off	4:00-5:30	Off	Off	Off
Recreational	4:00-5:30		Off	4:00-5:30	Off		
Activity							
Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Date	23-Jan	24-Jan	25-Jan	26-Jan	27-Jan	28-Jan	29-Jan
Intro U of R	4:45-5:30	Off	4:45-5:30	Off	4:45-5:30	Off	Off
Intro Lawson	Off	4:00-5:30	Off	4:00-5:30	Off	Off	Off
Recreational	4:00-5:30		Off	4:00-5:30	Off		
Activity							
Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Date	30-Jan	31-Jan	1-Feb	2-Feb	3-Feb	4-Feb	5-Feb
Intro U of R	4:45-5:30	Off					
Intro Lawson	Off	4:00-5:30					
Recreational	4:00-5:30						
Activity							

U of R

Western Transmountain Festival

Western Transmountain Festival in Calgary will be held at the new Brookfield YMCA February 17-18. This will be a van transport or self drive meet and training camp. Decline date is January 31 for qualified swimmers.



Fundraising

Coming up soon Colibri reusable bags fundraiser. Watch for more information coming soon.



Please go to our events page to sign up for **Bingo**. This is a great way to meet other parents and earn money towards your account. Check your calendar and see where you can help out. Remember to check in often to the events page to see new dates or events added to the calendar. Bingos have been posted through to **January 27**.

[Regina Dolphins Swim Team - Events \(teamunify.com\)](http://teamunify.com)

Team Gear

Team t-shirts are now back in stock, all sizes in black and green are available. Stop by the office if you need a new shirt.



Contact Us

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Office Hours at the Lawson
Monday-Thursday 4-6PM
Resuming January 9, 2023

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