

Upcoming Events

Al Anderson's Winter
Classic, Saskatoon

February 3-5

Black and Green Meet 3

University of Regina

February 17

Western Transmountain
Festival, Calgary

February 17-18

Regina Optimist Dolphin Swim Team

Weekly Newsletter, January 20, 2023

Regina Winter Classic presented by Stone Bridge Redi-Mix



Thank you to the tremendous number of RODS families and friends who made our 1st hosted meet of 2023 a big success!!

Our 2 meet managers, Sandi Olfert and Kathleen Eisler did an incredible job. We are so lucky to have these volunteers. Thank you both so much for the countless hours you put into this meet.

Thank you to our coaches: Mitchell, Homi, Breanna and Jordan as well as our team manager, Julia Dickinson.

Thank you to our officials coordinator, Orenda Pelzer for working tirelessly to fill all of those volunteer positions in the weeks leading up to the meet.

We had 90% of our RODS families helping through the weekend. It is incredible to see such support for our athletes and our team!

A special thank you to the following parents who worked all 4 sessions:

Sandi Olfert
Kathleen Eisler
Barb Austin
Tyler Koyl
Scott Adelman
Mike Harlos
Lana Cui
David Feng
Jeremy King
Christen Johnson
Natasha Kolman
Daren Stewart
Orenda Pelzer

At times this weekend, we did have to rely on parents from other team to fill voids. It is difficult to emphasize enough how important volunteering and officiating is to our team. The financial implications of being able to host meets are significant; not to mention the ability to showcase our team, our parents and our sport in our own city.

Please mark your calendars and plan to help at our next hosted meet, May 19-21. Again, we will need all families who have swimmers registered in the meet to help.

If you are new to the sport, please go to <https://www.swimsask.ca/how-to-get-started> and get started with officiating!

If you already are an official, please keep working to "level up"! Info available here: <https://www.swimsask.ca/the-officiating-pathway>. There are upcoming courses as well as online modules you can do at your own pace!

On that note, congrats to the following officials who have recently levelled up their officiating and are new level II officials:

Barb Austin
Tyler Koyl
Erin Harlos
Orenda Pelzer

News from our Coaches

Assistant Head Coach: Mitchell Hebert Junior Advanced

Winner of Swimmer of the Month from the Junior Advanced Group
Congratulations Macy H



Coach: Breanna Foster Junior

Winner of Swimmer of the Month from the Junior Group
Congratulations Jasmine R



Coach: Caitlin Danis
Prospect

Winner of Swimmer of the Month from the Prospect Group
Congratulations Tenley R



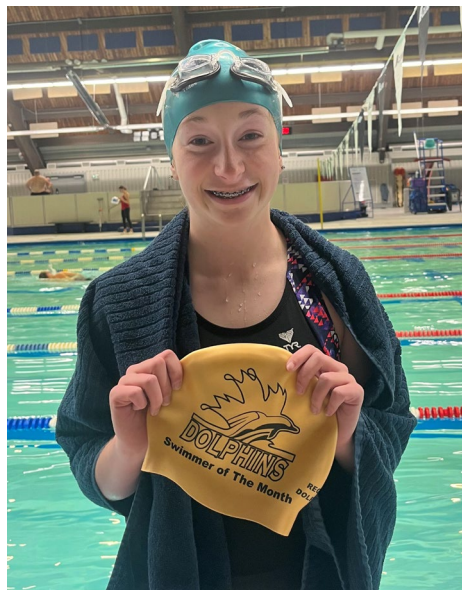
Coach: Jordan Rodgers
Intro to Competitive

Winner of Swimmer of the Month from the Intro to Competitive Group
Congratulations Berlin C



Coach: Olena Rashovich Recreational

Winner of Swimmer of the Month from the Recreational Group
Congratulations Keira K



Al Anderson's Winter Classic

Al Anderson's Winter Classic in Saskatoon is February 3-5. The bus will go up Thursday evening and return Sunday evening. Chaperones are Jaylene Hansen and Kathleen Eisler, thank you. Live streaming will be available.

Black and Green Meet 3

Our third black and green meet will be held Friday, February 17 at the University pool. This mini meet is for all swimmers in Intro to Competitive, Recreational and Dolphin level learn to swim lessons.

Missing T-shirts

Some team T-shirts were left behind at the meet. Come by the office if you are missing yours

youth L black
youth XL green
adult S black
adult S black

Western Transmountain Festival

Western Transmountain Festival in Calgary will be held at the new Brookfield YMCA February 17-18 followed by a training camp February 19-22. This will be a van transport or self drive meet and training camp. Chaperone is Cory Britton, thank you. Decline date is January 31 for qualified swimmers (click link for qualifying times)

https://www.teamunify.com/canrodsc/UserFiles/Image/QuickUpload/transmountain-qt_091321.jpg



Happy Birthday

Happy Birthday to Braya I and Ava H!



Fundraising

Please go to our events page to sign up for **Bingo**. This is a great way to meet other parents and earn money towards your account. Check your calendar and see where you can help out. Remember to check in often to the events page to see new dates or events added to the calendar.

Bingos have been posted through to **March 27**. Dolphins families are invited to sign up now. Cougars families will be invited to sign up January 26.

[Regina Dolphins Swim Team - Events \(teamunify.com\)](https://www.teamunify.com/canrodsc/UserFiles/Image/QuickUpload/transmountain-qt_091321.jpg)

www.colibrifundraising.com



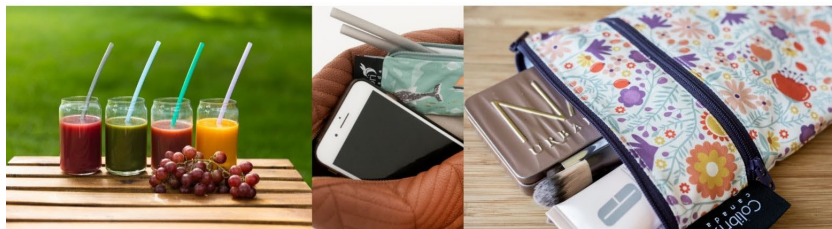
Our fundraising campaign is now open. Check out all the great products they have available and share with your family and friends. Order online and earn fundraising dollars to your account.



Although we can't get away from making lunches, we can definitely reduce the waste we create. Once you ditch the plastic bags and try a reusable option, you will see why families all across Canada are choosing Colibri. Our fun prints and easy to wash material make Colibri products an easy choice that everyone will love!

• Home • Office • School • Travel •

LET US HELP BRIGHTEN UP YOUR LUNCHES!



Contact Us

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Office Hours at the Lawson
Monday-Thursday 4-6PM

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