

Regina Optimist Dolphin Swim Team

Weekly Newsletter July 12, 2024

ManSask Summer Provincial Championships



CAPITAL AUTOMOTIVE GROUP

Thank you to our meet sponsor, Capital Automotive Group!

Upcoming Events

Sask Summer Games

Lloydminster SK

July 21-24

Canadian Nationals

PanAm Sports Centre

Toronto ON

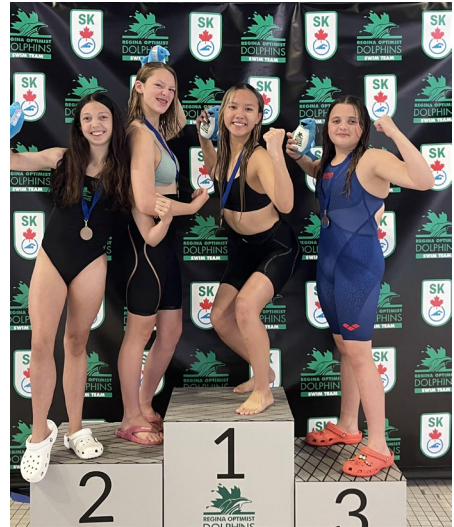
July 24-30

Alberta Summer Provincials

Kinsmen Sports Centre

Edmonton AB

July 25-29





Congratulations to our RODS Swimmers!

Saskatchewan High Point Winners
Gillian Kimens – 12 and under girls
Cashis Taypotat – 13&14 girls
Melissa Adelman – 15 and over girls
Josh Austin-Koyl – 14&15 boys

Overall Individual High Point Winners
Gillian Kimens – 12 and under girls
Cashis Taypotat – 13&14 girls
Melissa Adelman – 15 and over girls

Highest Scoring Swim in FINA Points
Melissa Adelman – female
Ovesh Purahoo - male



On behalf of the RODS board I would like to extend a huge thank you, and congratulations on a job well done, to all the volunteers that helped make the 2024 ManSask Summer Championships such a great success. Hosting a championship meet takes a tremendous amount of effort. All the planning, and then running the meet, was truly a team effort. Based on the feedback received, we hosted a great event. ***Most importantly this provided a positive experience for the athletes.*** As parent volunteers, that is our "Why". The RODS as an organization values a collective group effort. This reflects how the athletes train, how they compete, and is why we remain one of the most long standing and top age group swim clubs in Canada.

Tyler Koyl
RODS President

A big thank you to the following officials who worked all sessions of ManSask! Kathleen Eisler, Orenda Pelzer, Sanela Begic Le, Tyler Koyl, Mitchell Brough, Melissa Kimens, Sammy Yu, Yuan Kong, and Sandi Olfert. Your support of our swimmers is just amazing.

Thank you Sanela Begic Le for organizing all the food and drinks in the hospitality food, our coaches and volunteers definitely appreciated it!

Thank you to Colin Hegi for donating \$100 of his 50/50 prize back to the club.

Thank you to Roberta Kotowich for creating and building our new podium to be used at the meet and for future meets. This is a fantastic addition to our meet equipment. Thank you also for updating our team logo!



Lost and Found

There are several RODS Tshirts, Roughrider shorts and a black parka in the office that were left behind at the meet.

Neven Le – New Provincial Record

Congratulations to Neven Le for breaking the LC Provincial Record in the Boys 10 & Under 50m Back (36.48) at ManSask!



Home Meets for the 2024/25 Season

Our home meets are already scheduled for next year. Please plan ahead so that you are available these weekends.

Winter Solstice Meet
November 29-December 1, 2024

Winter Classic
January 17-January 19, 2025

ManSask Winter Championships
March 6-9, 2025

Michelle Moore
May 9-11, 2025

OLYMPIC QUALIFIER OVESH PURAHOO



Good luck to Ovesh at the Paris Olympics. Ovesh will be competing in the 100 free. Congratulations on all your achievements.

Happy Birthday

Ava, Ariel, Stephanie, and
Cashis



Summer Camps

Our four weeks of summer swim camps at Wascana Pool are all full. The kids had a great first week. Thanks to our camp coaches - Charlie, Jada and Jordan!



Fundraising Opportunities

Check out the events page for summer fundraising opportunities. There are Rider Games and Bingos posted that still have openings. Also add your name as an alternate if the shifts are full as you will be called in case of cancellations or if more workers are needed. Queen City Exhibition shifts will be posted soon, dates are July 31-August 4.

[Upcoming Events Page](#)



Remembering

MIKE BROUGH

1970-2024

*Mike will be dearly missed by
the Dolphins Swim Team and
the entire swimming community*

2024/25 Season Information

More new information for next season will be coming soon to the Team Registration page. The new group lists and fall schedules will be posted this week. The tentative calendar for the 2024/25 season is posted. Registration will open August 1.

[Team Registration](#)

Contact Us

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Pride, Discipline, Loyalty, Commitment and Respect

