Upcoming Events

SAGM

June 17

Lawson Aquatic Centre

Season End BBQ

June 24

Candy Cane Park

ManSask Championships

July 4-7

Lawson Aquatic Centre

REGINA OPTIMIST DOLPHINS SWIM TEAM

Regina Optimist Dolphin Swim Team

Weekly Newsletter June 14, 2024

Notice of SAGM

Date: Monday, June 17, 2024 @ 7:00PM

Location: Lawson Classroom 3 (Old Sportco)

The objectives of this meeting are as follows:

- Presentation of the operating budget for 2024-25 season.
- Adoption of any Handbook updates (including meet and fee surcharge updates) for 2024-2025
- Election of open Board positions for the 2024-2026 seasons (nominations are open)

Agenda:

- 1. Call to order & opening remarks (Sandi Olfert, President)
- 2. Adoption of Agenda
- 3. Adoption of the 2023 AGM minutes
- 4. President's Report
- 5. Treasurer's Report adoption of the 2024-2025 budget (Kathleen Eisler, Treasurer)
- 6. Adoption of Handbook Changes (including Meet and Fee surcharges) 2024-2025
- 7. New Business
- 8. Election of Officers
- 9. Adjournment

Election of Officers:

The following positions (in yellow) are open for nominations:

- President:outgoing Sandi Olfert; incoming: Tyler Koyl
- Vice President: outgoing: Shenda Stewart; nominees: Kathleen Eisler, Orenda Pelzer
- **Director of Finance (Treasurer):** outgoing: Kathleen Eisler; nominees: Abhishek Gupta, Kathleen Eisler
- Director of Admin: outgoing: Julia Dickinson; nominee: Julia Dickinson
- Director of Sponsorship and Special Events: Sanela Begic Le
- Directors at Large: nominees: Chris Hansen, Roberta Kotowich, Jae Bean. Renatta Varma
- Past President: Erin Harlos

2024 SAGM

Nominees for board positions

Orenda Pelzer (Nominee for Vice President)

I have been involved in the swimming community since I was 8 years old, including time as an age-group swimmer with the RODS and now as a masters swimmer with the Regina Masters Swim Club. I have been a member of many boards and would love the opportunity to give back by serving as VP of the RODS. I feel my knowledge and passion for the sport of swimming will be an asset to the club and help to continue the long tradition of excellence the RODS has as an age-group swim club in Saskatchewan and in Canada.

Kathleen Eisler (Nominee for Vice President)

My name is Kathleen Eisler and I have 4 children. Owen and Clark both swim with the Dolphins. I love to work on a pool deck and help with anything my kids are involved with. I have held the position of Financial Director for the past two years and am very proud of the work I have done during that time to get us in a good financial position with the opportunity to grow, etc. I am seeking the position of VP as I advance my role within the club, and continue to give back to the organization and sport that my boys love so much!

Jae Bean (Nominee for Member at Large)

I currently work at the University of Regina in the Health and Safety Department. I specialize in chemicals and biosafety. I previously worked for 20 years with the Saskatchewan Health Authority in laboratory services. My education is a BSc. in Biology, registered Microbiologist, Biosafety Officer and hold an Administrative certificate. I have two children, one who is swimming with Prospects.

Abhishek Gupta (Nominee for Director of Finance/Treasurer)

Abhishek Gupta holds a 4 year engineering degree and a 3 year diploma in electrical engineering. He is presently working with SGI as a data analyst. He has much volunteer and board experience including of the Regina International Film Festival, Cultural Connections of Regina, Hindu Samaj of Southern Saskatchewan, SGI INVOLVE, CNIB, India Canada Association, and Mosaic, which have earned him a Queen's Platinum Jubilee Medal. Abhishek has a daughter Aarshia, who swims with Dolphin's Prospects. He is looking forward to the opportunity to serve the Dolphins as the treasurer.

Chris Hansen (Nominee for Member at Large)

I am the proud father to Soren, Isla and Tryg. I have seen our kids grow up in the club across many different levels from Prospect through Elite. I am currently the Operations Manager for the Saskatchewan RCMP Historical Case Unit focusing on long-term missing persons and unsolved homicides.

Roberta Kotowich (Nominee for Member at Large)

I have a Master's Degree and first worked at the Refinery in planning, efficiency and strategy. I have since started my business in cabinetry and renovations. I have three young children, the oldest Berlin is swimming with Prospect, and the younger two participate in the junior dolphins program. I have been focusing on taking my swim officiating training to support the club as well.

Renatta Varma (Nominee for Member at Large)

Dr. Renatta Varma is born and raised in Regina. She is a busy Vitreoretinal Surgeon with 3 children. Her daughter Arya swims in the Intro to Competitive program. She has spent her life volunteering in the Regina community earning her a Queen's Platinum Jubilee Medal and the YWCA Woman of Distinction Award. Some of her activities include: RCMP Heritage Center, CNIB, Regina International Film Festival, Cultural Connections of Regina, Guide Dog Gala, India Night Gala, Hindu Samaj of Southern Saskatchewan, Horizon Laser Vision Center, and Mosaic. She has been involved as a volunteer at many of her children's sports and activities and is excited for the new opportunity to serve on the Dolphin's board.

D.Tyler Koyl (Incoming RODS President)

I was a member of the RODS organization as an athlete between 1980 through to 1991. I worked through the age group programs and represented the RODS at a national level. I continued my swimming in the US at the University of Illinois at Chicago (UIC), graduating with a Bachelor of Science Degree with a major in Management of Information Systems in 1995. I have generally kept myself near water, whether it be training and racing periodically with the Regina Masters Swim club or kiteboarding on the prairie lakes of Saskatchewan, and beyond. I always seem to keep coming back to the pool. It is a "happy place" for me and it has been amazing for Barb (also a RODS alumni) and I to watch our kids be part of such an amazing program.

My board experience is deep and includes the following: Regina Ultimate Frisbee, Saskatchewan Wind Riders, Sask Squash, Sask Sailing, Swim Sask (First Term — Director of Winter Swimming), Regina Optimist Dolphins: 2023 - Present (Member at Large). I also volunteer my time at every home meet, working all sessions with the amazing cloud 9 crew, acting in CJE/CFJ roles operating the Omega timing system and supporting technology.

ManSask Summer Provincial Championships

Summer ManSask 2024 is less than 3 weeks away! We need officials in all positions – job sign is open and we need help from everyone to make this event a success. Please go to the events page today and sign up for you preferred shifts. Even if your swimmer is not participating we really need your help. Team members and siblings can also sign up to help with hospitality and the raffle table. There will be lots of excitement throughout the weekend with and medals and prizes, meet shirts, photographer, outdoor BBQ and more!



Upcoming Events

Summer Camps

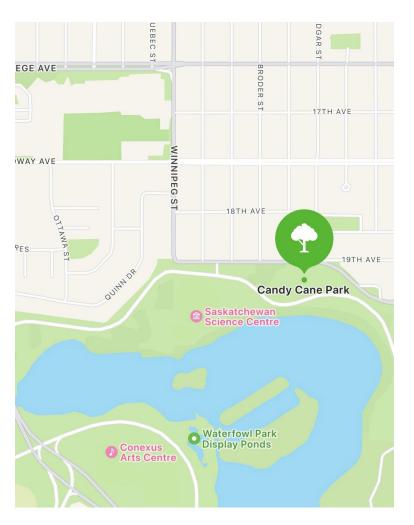
Intro and Prospect swimmers sign up for the Summer Swim Camps at Wascana Pool. We are offering 4 weeks of half day camps for swimmers 6-12 years. Swimming portions will be divided into the groups by swim level. Apart from swimming there will be activation and dryland, games in the park and other fun activities planned by the coaches. Sign up on the website under the Learn to Swim - Registrations.

Class Registration



Season End BBQ

The last training day for swimmers not attending ManSask will be Monday, June 24. We will be hosting a team BBQ at **Candy Cane Park** ($501 - 19^{th}$ Ave) after -or before! - practice from 5:30 to 7:30PM. Please sign up on the events page to help in planning. We will be cooking up burgers and hotdogs and request families to bring lawn chairs and something to share (salad, side or dessert).



RODS Buy & Sell

Please join our used clothing and equipment team Facebook page

RODS Buy & Sell

If you have clothing and equipment items you are no longer using please post them on the site for others who may be needing them.

Contact Us

Regina Optimist Dolphins Swim Team

355-4246 Albert Street

Regina SK

S/15 3 B/0

306-586-3909

office@reginadolphins.con

www.reginadolphins.com

Office Hours at the Lawson Monday-Thursday 4-6PM

Thank you to our Sponsors













































Pride, Discipline, Loyalty, Commitment and Respect



