

Upcoming Events

Season End BBQ

June 24

Candy Cane Park

ManSask Championships

July 4-7

Lawson Aquatic Centre

Regina Optimist Dolphin Swim Team

Weekly Newsletter June 21, 2024

New Board Members

Thank you to all who attended the SAGM on June 17, 2024. Big thank you goes to outgoing Director of Finance, Kathleen Eisler, for all the work she has done for our team the past two years; to Sandi Olfert, who took on the President role and did a wonderful job with everything throughout the season; and to Shenda Stewart outgoing Vice President our best wishes to you.

Congratulations to our new board members

Orenda Pelzer: Vice President

Abhishek Gupta: Director of Finance

Directors at Large: Chris Hansen and Renatta Varma

RODS Board for 2024/35 Season

- **President:** Tyler Koyl
- **Vice President:** Orenda Pelzer
- **Director of Finance (Treasurer):** Abhishek Gupta
- **Director of Admin:** Julia Dickinson
- **Director of Sponsorship and Special Events:** Sanela Begic Le
- **Directors at Large:** Chris Hansen, Renatta Varma
- **Past President:** Erin Harlos

Season End BBQ

The last training day for swimmers not attending ManSask will be Monday, June 24. Intro Groups will be at the Wascana outdoor pool. Prospects will not have evening training that day.

Candy Cane Park (501 – 19th Ave)

5:30 to 7:30PM

Please sign up on the events page to help in planning. We will be cooking up burgers and hotdogs and request families to bring lawn chairs and something to share (salad, side or dessert).



ManSask Summer Provincial Championships

CAPITAL

AUTOMOTIVE GROUP

Thank you to our meet sponsor, Capital Automotive Group!

Summer ManSask 2024 is less than 2 weeks away! July 4-5-6-7, 2024. We need officials in all positions – job sign is open and we need help from everyone to make this event a success. Please go to the events page today and sign up for you preferred shifts. **Families with swimmers competing are needed to sign up for 5 shifts throughout the weekend.** Even if your swimmer is not participating we really need your help. Team members and siblings can also sign up to help with hospitality and the raffle table. There will be lots of excitement throughout the weekend with medals and prizes, meet shirts, photographer, outdoor BBQ and more!



[Upcoming Events](#)

Summer Camps

Intro and Prospect swimmers sign up for the Summer Swim Camps at Wascana Pool. We are offering 4 weeks of half day camps for swimmers 6-12 years. Swimming portions will be divided into the groups by swim level. Apart from swimming there will be activation and dryland, games in the park and other fun activities planned by the coaches. Sign up on the website under the Learn to Swim - Registrations.

[Class Registration](#)

REGINA OPTIMIST DOLPHINS SWIM TEAM

SUMMER SWIM CAMP

- Weekly half day summer camps
- Wascana Outdoor Pool
- 8AM-12 noon
- July 8-12, July 15-19, July 22-26, July 29-Aug 2
- Enjoy swimming, dryland, outdoor games and activities
- \$150/week

JOIN US

www.reginadolphins.com
306-586-3909

RODS Buy & Sell

Please join our used clothing and equipment team Facebook page

[RODS Buy & Sell](#)

If you have clothing and equipment items you are no longer using please post them on the site for others who may be needing them.

Missing Equipment Bag!

A pink team equipment bag has gone missing from the University. Please contact the office if you have seen it.

Team Officials Co-ordinator

The team needs a new officials co-ordinator for the upcoming season. The duties are as follows:

- Input new officials into the Swimming Canada Officials registration system
- Keep the Swimming Canada officials registration system up to date by entering deck evaluations and letting Swim Sask know when officials have leveled up
- Pass along officials clinic information to registered officials to encourage officials to continue their training and get trained in new positions
- Work with meet management to set up jobs for home swim meets online and recruit officials from other clubs if positions aren't filled from within our club
- Be on deck for each session of home meets to ensure officials are there, recruit more officials and organize officials into positions they are qualified for

Please contact the office if you may be interested in this position.

Home Meets for the 2024/25 Season

Our home meets are already scheduled for next year. Please plan ahead so that you are available these weekends.

Winter Solstice Meet
November 29-December 1, 2024

Winter Classic
January 17-January 19, 2025

ManSask Winter Championships
March 6-9, 2025

Michelle Moore
May 9-11, 2025

Happy Birthday

Everett, Alex, and Grace



2024/25 Season Information

New information for next season will be coming soon to the Team Registration page. The new group lists will be posted soon. The tentative calendar for the 2024/25 season is posted. Fall schedules will be posted as soon as available. Registration will open August 1.

[Team Registration](#)

Contact Us

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Swim Team

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Office Hours at the Lawson
Monday-Thursday 4-6PM

Thank you to our Sponsors



Pride, Discipline, Loyalty, Commitment and Respect

