

## Upcoming Events

ManSask LC Provincial  
Championships,  
Saskatoon

March 2-5

Saskatchewan Junior  
Provincials, Moose Jaw

March 17-19

# Regina Optimist Dolphin Swim Team

## Weekly Newsletter March 3, 2023

### ManSask LC Provincial Championships

Watch the racing in Saskatoon live stream

- Session 1: <https://youtube.com/live/F0wbHrooqGM?feature=share>  
Session 2: <https://youtube.com/live/2jHVD15M3Fg?feature=share>  
Session 3: <https://youtube.com/live/MhQZwXFb0-Y?feature=share>  
Session 4: <https://youtube.com/live/5I1lQRmWoHw?feature=share>  
Session 5: <https://youtube.com/live/2Fvu7XsdkHY?feature=share>  
Session 6: <https://youtube.com/live/ysWrraSzbNs?feature=share>  
Session 7: <https://youtube.com/live/kK2s7jknGKA?feature=share>

### Team bowling and pizza party

Saturday, March 11 - 1:00-2:30PM

Golden Mile Bowling

\$20 (includes shoe rental and pizza)

**Please sign up ASAP** if you plan to attend so we can reserve our lanes, all swimmers are invited! You can also just reply to the office email.



### SwimSask Winter Officials Clinics

SwimSask is offering two officials clinics in March, the two clinics are:  
Chief Finish Judge/Chief Judge Electronics/Recorder Scorer – Clinic Date  
Thursday March 9 from 5:30 to 9:30 pm

Judge of Strokes and Inspector of Turns – Clinic Date Thursday March 9  
from 6:00 to 9:00 pm

Please take time to log into your officials account to ensure its still  
activated as some accounts were affected after the Swimming Canada  
cyber attack. <https://form.jotform.com/222145124834247>

Get prepared for our Michelle Moore meet coming up this spring. To sign  
up for either clinic: <https://form.jotform.com/230175663760255>



# WINTER 2023 VIRTUAL OFFICIALS CLINICS

LAST CHANCE TO SIGN UP FOR THE FOLLOWING OFFICIALS CLINICS

## STROKE AND TURN

MARCH 9 - 6:00 - 9:00 PM  
SIGN UP BY MARCH 6

## CFJ/CJE/RS

MARCH 9 - 5:30 - 9:30 PM  
SIGN UP BY MARCH 6

SIGN UP FOR ALL CLINICS AT:  
[HTTPS://FORM.JOTFORM.COM/230175663760255](https://form.jotform.com/230175663760255)



DAKTRONICS

#BETTERLIVESTHROUGHSWIMMING

## Fundraising

Please go to our events page to sign up for **Bingo**. This is a great way to meet other parents and earn money towards your account. Check your calendar and see where you can help out. Remember to check in often to the events page to see new dates or events added to the calendar.

Bingos have been posted through to **March 27**. All Dolphin and Cougars families are invited to sign up.

[Regina Dolphins Swim Team - Events \(teamunify.com\)](https://www.teamunify.com/Regina-Dolphins-Swim-Team-Events)

## Purdy's Chocolates

Calling ALL chocolate-lovers!

We're teaming up with Purdys Chocolatier to help with fundraising,

Stock up on your favourite Purdys Easter treats (did someone say Hedgehogs?) AND support a great cause at the same time—it's the best of both worlds. All fundraising profit raised will directly support your fundraising account and the Regina Dolphins Swim Team, so every order makes a great difference to us all.

Ordering is as easy as eating chocolate. Just click this link <https://fundraising.purdys.com/1737601-106288>, fill out your info you'll need an email address, click "Join Campaign", enter campaign number 67717, and order to your heart's content! You can also use the included form if you prefer. Order pick-up by April 2.

The order deadline is March 19, so get shopping!



## Saskatchewan Order Form (Tax Included)

### 2023 FUNDRAISING CUSTOMER INFORMATION

CUSTOMER #	
ORGANIZATION OR SCHOOL	
NAME OF FUNDRAISER	CLASSROOM OR CLUB

**SEE YOUR COORDINATOR FOR MORE INFORMATION**

PG	CODE	DESCRIPTION	SIZE	PRICE	LINE	QTY	TOTAL
2	24911	Foiled Mini Eggs - Milk	375 g	\$24.42	1		
2	24922	Foiled Mini Eggs - Dark	375 g	\$24.42	2		
2	27933	Foiled Mini Bunnies	375 g	\$24.42	3		
3	18166G	Himalayan Pink Salt Caramels (gift wrapped)	18 pc	\$24.42	4		
3	23428	Easter Basket	330 g	\$28.86	5		
3	13103G	Favourites - Milk (gift wrapped)	32 pc	\$37.74	6		
3	11103G	Favourites - Dark (gift wrapped)	32 pc	\$37.74	7		
3	12105G	Favourites - Assorted (gift wrapped)	32 pc	\$37.74	8		
3	24075	Bunny Bag	210 g	\$15.54	9		
4	24933	Foiled Caramel Eggs	300 g	\$24.42	10		
4	24952	Foiled Peanut Butter Eggs	300 g	\$24.42	11		
4	23446	Hiding Bunnies Gift Tin	20 pc	\$28.86	12		
4	25036E	Easter Mini Favourites	6 pc	\$15.54	13		
4	24584	Crisp Eggs	3 pc	\$7.22	14		
4	24564	Peanut Butter Eggs	3 pc	\$7.22	15		
4	24580	Yolk Eggs	3 pc	\$7.22	16		
5	24275	Barnaby Bunny - Milk	120 g	\$12.21	17		
5	24276	Barnaby Bunny - Dark	120 g	\$12.21	18		
5	24231	Baby Bunny - Milk	75 g	\$6.66	19		
5	24232	Baby Bunny - White	75 g	\$6.66	20		
5	24214	Topsy Bunny	110 g	\$6.66	21		
5	24245	Hopkins Bunny	315 g	\$21.09	22		

### PURCHASER INFORMATION

PURCHASER (YOUR) NAME
BEST CONTACT PHONE # (IN CASE WE NEED TO REACH YOU)
EMAIL
RELATIONSHIP TO PERSON FUNDRAISING

PG	CODE	DESCRIPTION	SIZE	PRICE	LINE	QTY	TOTAL
6	16001E	Sweet Georgia Browns - Milk (gift wrapped)	8 pc	\$24.42	23		
6	16018G	Sweet Georgia Browns - Mini Milk (gift wrapped)	15 pc	\$24.42	24		
6	16016G	Sweet Georgia Browns - Dark (gift wrapped)	8 pc	\$24.42	25		
6	17011G	Hedgehogs - Milk (gift wrapped)	10 pc	\$24.42	26		
6	17009G	Hedgehogs - Mini Milk (gift wrapped)	10 pc	\$17.76	27		
7	17015	No Sugar Added - Mini Hedgehogs	10 pc	\$17.76	28		
7	16012G	No Sugar Added Mini Sweet Georgia Browns (gift wrapped)	15 pc	\$24.42	29		
7	15503E	No Sugar Added Classics Gift Box	16 pc	\$26.64	30		
7	24274	Vegan Spring Egg - Mylk	56 g	\$5.00	31		
7	24248	Vegan Spring Egg - Dark	56 g	\$5.00	32		
7	27994	Peanut Butter Fingers	12 pc	\$16.65	33		
8	14203E	Spring Classics - Assorted	16 pc	\$25.53	34		
8	14209E	Spring Classics - Assorted	25 pc	\$36.63	35		
	56638	Paper Gift Bag	Medium	\$2.22	36		

<b>GRAND TOTAL</b>
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FUNDRAISING PROGRAM EASTER 2023

**1.888.478.7397 ext. 1**  
[fundraising.purdys.com](http://fundraising.purdys.com)

## Team Parkas and Backpacks

As there have been requests for team parkas and backpacks we can order the following with embroidered RODS logo on the heart of the parka and the flap of the backpack. Prices including tax and logo are \$138.50 for the parka, \$93.50 for the Arena Team 45 backpack or \$88.50 for the Speedo Teamster 2.0. You can have embroidered name added if you like for \$12 + tax. We have a minimum order of 8 parkas or 8 bags so please reply if you would like to order one.



## Happy Birthday

Happy Birthday to Allen F, Macy H, Annabel K, Olivia O and Natalie P



# Contact Us

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Office Hours at the Lawson  
Monday-Thursday 4-6PM

## Thank you to our Sponsors



*Pride, Discipline, Loyalty, Commitment and Respect*