Upcoming Events

Michelle Moore Swim Meet

Lawson Aquatic Centre May 19-21

CSI/UCSC TREX

Calgary

June 1-4

SAGM

Classroom 2

June 14 at 7PM

Regina Optimist Dolphin Swim Team

Weekly Newsletter May 13, 2023

Michelle Moore Swim Meet presented by Regina Orthodontic Group



Our team-hosted Michelle Moore swim meet is next weekend May 19-21. If you are able to donate some baking for the hospitality room please email Cory at teacher20@hotmail.com by May 17. He is looking for squares, muffins, cookies etc.

There are still many positions open for the swim meet next weekend. We really need everyone's help to make this swim meet run smoothly for our athletes. There is still time to take your Introduction to Swim Officiating Course and the Stroke and Turn Course. The Introduction to Swimming course is offered on-demand and does not take a lot of time to complete. The Stroke and Turn course will be offered on May 17 but you need to sign up by May 15. You can access all of the courses at: edu.swimming.ca

If you don't have training there are still positions you can sign up for such as hospitality, marshal, runner, set up, take down, and raffle table.

https://www.teamunify.com/team/canrodsc/controller/cms/admin/index?team=canrodsc#/calendar-team-events

Officials Shirts

Officials shirts are available in the office for any parents needing one for the meet.





Anna Rondeau Memorial Scholarship



Anna Rondeau, at the tender age of 12, tragically left this world in March of 2018.

Anna was a passionate and talented swimmer who was an enthusiastic and inclusive member of the Regina Optimist Dolphins Swim Team. Anna loved the pool and her teammates.

Each year, the RODS raise money for the Anna Rondeau Memorial Scholarship in memory of our teammate. Your donation in her memory will provide financial assistance so that more children can participate in the sport of swimming that Anna loved. Anna had Olympic dreams; this scholarship will assist new and current athletes to pursue their own dreams.

To date, this scholarship has raised over \$17,000 dollars and has helped families struggling financially to keep their swimmers in the pool. This year alone, 5 RODS families have received financial assistance from this scholarship.

To donate, please visit: Anna Rondeau Memorial Scholarship Go Fund Me



Anna Rondeau Scholarship

We will be asking for donations to the Anna Rondeau scholarship at the raffle table when entering the meet next weekend.

Sunday's events are named in her honour:

"The Anna Challenge"

Girls 10 & U / Boys 11 & U - 200 IM

Girls 11 and Over /Boys 12 and Over – 400 IM

Girls 10 & U / Boys 11 & U - 100 Fly

Girls 11 and Over /Boys 12 and Over – 200 Fly

Girls 10 & U / Boys 11 & U – 400 Free

Girls 11 and Over /Boys 12 and Over – 1500 Free

Swimmers must complete all three races in their age category after which they will earn an Anna swim cap and also be treated to lunch.



CSI 2023 and UCSC TREX Calgary Meets

The Calgary meets are June 2-4. Our bus will leave 830AM Thursday, June 1 and return late on Sunday June 4. Hotel is Days Inn MacLeod Trail. We would still like 1 more chaperone for this trip. There is room for any parents wanting to travel there on the bus.

End of Season Party

The last day of the regular season for Recreational, Intro to Competitive, Propsect and Junior swimmers not attending ManSask is Wednesday, June 28. Be sure to attend for lots of fun and games, relays and pizza party to follow.

Summer Swim Camps

Summer swim camps are planned for July, more information and sign-up will be coming out soon.

Fundraising

Please go to our events page to sign up for **Bingo**. This is a great way to meet other parents and earn money towards your account. Check your calendar and see where you can help out. Remember to check in often to the events page to see new dates or events added to the calendar.

Bingos have been posted through to June 30.

Rider Game dates for the season have also been posted.

Sign up to run a cash register and sell beer at the section 28 bar at Mosaic Stadium. People who sign up for this event must be at least 19 years of age and must complete the Special Occasion Responsible Service of Alcohol online course which is required in Saskatchewan for all people who serve alcohol. The cost of this course is \$10 but the certificate is good for 4 years. Go to stec.skillbuilder.co to access the online course.

Typically, we work 2.5 hours before kick-off and 2.5 hours after kick-off. Workers are paid at the end of the football season. Each game pays approximately \$85 plus tips. Tip money is divided at the end of each game and immediately shared with those workers who worked the game.

Contact Scott Adelman at scott adelman@hotmail.com if you are interested in working any Rider games this year.

Regina Dolphins Swim Team - Events (teamunify.com)

Happy Birthday

Happy Birthday to Jane and Santiago





Date: Wednesday, June 14, 2023 @ 7:00pm

Location: Lawson Classroom 2

The objectives of this meeting are as follows:

- a) Presentation of the operating budget for 2023-24 season.
- b) Adoption of any Handbook updates (including meet and fee surcharge updates) for 2023-2024
- c) Election of open Board positions for the 2023–2025 seasons (nominations are open for board positions)

Mark your calendars to attend the SAGM June 14. There are board members coming to the end of their term so several positions will be open for next season. Please contact the office if you would like to put your name forward for next season.

Contact Us

Regina Optimist Dolphins Swim Team 355-4246 Albert Street

Regina SK

S4S 3R9

306-586-3909

office@reginadolphins.com

www.reginadolphins.com

Office Hours at the Lawson Monday-Thursday 4-6PM

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