

Upcoming Events

Prairie Winter
Invitational

Winnipeg MB
December 16-20

Christmas Party Future
Stars Invitational

Regina SK
December 18-19

Team Christmas Party
December 21

REGINA OPTIMIST DOLPHIN SWIM TEAM

Weekly Newsletter, November 26, 2021

December Swim Meets

Prairie Winter Invitational

The decline date deadline is December 3. Only qualified swimmers are currently signed up for the meet. If you are unable to attend please decline before December 3. The hotel in Winnipeg is the Hampton Inn by Hilton Winnipeg Airport. Spectators will be permitted and we are also looking for a second chaperone for this trip.

RODS Christmas Party 2021

Watch for swimmer sign up coming soon for the Christmas meet Dec 18 and 19 at the Lawson. This meet is open to all groups pre-competitive through elite.

Message from the Meet Managers

Sign up to volunteer is now open for the Christmas Party meet. How do I sign up to volunteer at the RODS Christmas Party 2021 meet? Here are the 6 easy steps to securing the best seat in the house to watch your child swim at this RODS hosted event.

1. Sign into your account
2. Click on the Events/Team Events
3. Scroll down to the RODS Christmas Party 2021 (December 18-19)
4. Click on Job Signup
5. Scroll down the list of jobs, looking for empty spots (indicated by a blank rectangle) that you are certified for and interesting in working. Click on the square, then scroll up or down to click on Sign-up. A small window will open with a field that you can enter your name and cell phone number.
6. Click sign up

Thanks for volunteering your time for this fun event!

[Management Console - Regins Optimist Dolphins Swim Team - TeamUnify](#)

Snorkel left on the bus

If you are missing a snorkel one was left on the bus after the Saskatoon swim meet. Its in the office.



50/50



The fall 50/50 is slowly growing, the total is now up to \$715!
Make sure to promote to your family and friends! Remember the
deadline December 15 is coming up soon.

[Regina Optimist Dolphins Swim Team \(rods5050.ca\)](http://www.rods5050.ca)

Lessons Registration

Winter Session of Learn to Swim Lessons registration opens December 1
for returning members and December 6 for new members.

[Regina Optimist Dolphins - Junior Dolphins Lessons \(teamunify.com\)](http://teamunify.com)

Contact Us

Regina Optimist Dolphins
Swim Team

355-4246 Albert Street

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306-586-3909

office@reginadolphins.com

www.reginadolphins.com

Office Hours at the
Lawson

Monday-Thursday 4-6PM

Co-op Key Tags



We received more key tags and you can stop by the office to pick one up any time. Use this number when shopping at any of the Co-op stores listed below and help support the team.

REGINA LOCATIONS:

- 1. Rochdale Crossing**
 - Food Store/Pharmacy
 - Gas Bar, Convenience Store, Car Wash
- 2. Winnipeg St. N. & Ring Road**
 - Home Centre
 - Gas Bar, Convenience Store, Car Wash
- 3. Park & Dewdney**
 - Gas Bar, Convenience Store, Car Wash (Touchless and Wand Wash), Cardlock
- 4. 4327 Albert St. S.**
 - Gas Bar, Convenience Store, Car Wash (Touchless and wand wash)
- 5. 2925 Quance St. E.**
 - Food Store
- 6. 2020 Prince of Wales Drive**
 - Gas Bar, Convenience Store, Car Wash (Touchless and Wand Wash)
- 7. Albert St. & Avonhurst Drive**
 - Gas Bar, Convenience Store, Car Wash
- 8. 4705 Gordon Road - Grasslands**
 - Gas Bar, Convenience Store, Car Wash
- 9. 3801 Albert St. S**
 - Pharmacy
- 10. 3799 Chuka Blvd**
 - Gas Bar, Convenience Store, Car Wash
- 11. 8501 Dewdney Ave**
 - Gas Bar, Convenience Store, Car Wash
- 12. 4560 Parliament Ave - Harbour Landing**
 - Food Store/Pharmacy
- 13. 1181 Argyle Ave**
 - Gas Bar, Convenience Store, Car Wash

RURAL LOCATIONS:

- 14. Emerald Park**
 - Gas Bar, Convenience Store, Car Wash, Sani-Dump
- 15. Dysart**
 - Farm Supply & Keylock
- 16. Southey**
 - Food Store
 - Gas Bar, Convenience Store, Cardlock

Co-op Equity and Cash Back. See Map for locations
www.sherwoodco-op.crs

Fundraising

Please go to our events page to see all the fundraising opportunities at this time. There are Bingo shifts, Rider game shifts, and Agribition shifts you can sign up for. This is a great way to meet other parents and earn money towards your fundraising commitment. Check your calendar and see where you can help out. Remember to check in often to the events page to see new dates or events added to the calendar.

[Regina Dolphins Swim Team - Events \(teamunify.com\)](https://www.teamunify.com/Regina-Dolphins-Swim-Team-Events)

[Regina Optimist Dolphins - Fundraising Opportunities \(teamunify.com\)](https://www.teamunify.com/Regina-Optimist-Dolphins-Fundraising-Opportunities)



Co-op Gift Card Fundraiser

Welcome to our Co-op gift card fundraiser. It is simple! Sell Co-op gift cards in denominations of \$25, \$50 or \$100 buy them for yourself, for family or pay it forward and purchase groceries for the community fridge or the food bank. Sell them to friends, family, etc. There is no maximum to the amount that you can sell!

Co op will give back 5% of total sales. 4% will go to your fundraising accounts for those that sold cards and 1% will go back to the team.

Gift cards are accepted at all Western Co-op Food, Gas and Home stores so lots of opportunity to use them.

Please make payment for cards sold via one cheque made out to RODS and turned into the office or send one etransfer to payment@reginadolphins.com with a note of swimmers name and co-op fundraiser on the transfer.

All orders must be paid for and given to the office by December 10th. No late orders will be accepted.

Cards will be made and handed back to swimmers who sold cards to disburse the week of December 13th.

If you have any questions please email kathleen.eisler@gmail.com

We have attached an order form for ease of keeping track feel free to use it or track in your own way and let us know how many of each denomination you need by the closing date.

Happy selling!

Kathleen Eisler

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SALES SUMMARY FORM – Regina Optimist Dolphins

Thank you for participating in our fundraiser! Please return this completed form to the ROD office.

Swimmer / Family Name: _____

Purchaser Name	# of \$25 Cards	# of \$50 Cards	# of \$100 Cards	Total Dollar Amount

TOTAL DOLLAR AMOUNT: _____

Please make your cheque payable to Regina Optimist Dolphins.

E-transfers to payment@reginadolphins.com.



Team Gear

With home meets coming up we are ordering in new red officials shirts. Any officials level 2 and higher are to wear red shirts at the meet. If you are a new parent or if you would like a new team shirt to wear at the meet please contact the office to order today! If we order on Monday we should get them before the Christmas meet.
(\$20 each, 2XL \$23)



Mens	S	M	L	XL	2XL
Body Length	28	29	30	31	32
Width (laid flat)	19	21	23	25	27
Ladies	S	M	L	XL	
Body Length	24 3/4	25 1/2	26 1/4	27	
Width (laid flat)	18	19	20	21	

Lululemon

We have some extra items that are available for purchase. Please contact the office if you are interested.

Adapted State Jogger size 6 black \$78.59

Wunder Under Tight size 12 camo \$54.39

Love Tank size 6 black \$21.09

Love Tank size 6 white \$21.09

Hotty Short 4" size 4 white \$32.19

Swiftly Tech Racerback tank size 6 black \$32.19

Swiftly Tech Racerback tank size 6 grey \$32.19

Mens Warpstreame ABC Jogger L tall black \$76.59

Birthdays This Week

Katherine Jackiw and Tarryn Reym,



Swim Meet Chaperones

As we are planning travel meets this season we will be in need of chaperones. If you are interested in chaperoning please email the office to get more information. We have upcoming meets in Winnipeg in December and Saskatoon in February and we'll require chaperones for these trips. Chaperoning is a great way to get to know all the swimmers, get a free trip to an away meet, and you also earn your volunteer points (40 points per day).