

## Upcoming Events

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November 11-14

Goldfins Invitational  
Saskatoon Swim Meet

November 12

Black and Green Meet 2  
Mini meet at University of  
Regina Pool

November 18

Annual General Meeting

# Regina Optimist Dolphin Swim Team

Weekly Newsletter, November 5, 2021

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## Coming soon 45<sup>th</sup> Goldfins Invitational November 11-14, Saskatoon

Our first travel meet is coming up soon to the Shaw Centre in Saskatoon. The bus will depart the Lawson parking lot at 4PM November 11, and the meet is November 12-14.

For parents planning to attend the meet, the team will be staying at the Hampton Inn Saskatoon Airport, 110 Gateway Blvd. Unfortunately, spectators are not invited to this meet, although there may be some opportunities for volunteering on deck. The meet will also be live-streamed and we will provide the link when available.

Proof of vaccination and ID will be required to enter the Shaw Centre also. If you have not emailed a copy of your QR code to the office you should so that we have a copy if necessary.

The meet is up on MeetMobile as 45<sup>th</sup> Goldfins Invitational.

## Black and Green Meet 2

Friday, November 12 is the date of the next Black and Green Meet at the U of R pool. Invited to attend are all Juniors not attending the Goldfin meet and all swimmers 11 and under from the Prospect, Recreational and Pre-Competitive groups. Please sign up on the events page. Dolphin level swimmers please email the office to confirm your attendance.

[Management Console - Regina Optimist Dolphins Swim Team - TeamUnify](#)

**No training on Remembrance Day, Thursday, November 11**



## Friday, November 12

**Friday, November 12, all swimmers not at the Goldfins meet should attend the Black and Green Meet at the University. There is no training at the Lawson that day.**

To help get officials trained and ready for the coming swim meets we are offering virtual courses.

There are two ways to sign up. Have officials choose the path that applies best to them:

New Officials and Returning Officials:

<https://form.iotform.com/212525531932249>

Currently Active Official: <https://edu.swimming.ca/index.php?page=225>



Officials must be at least 14 years and be an active official for this season.  
All Clinics will be held **virtually** via the **ZOOM** platform.

Clinic	Date	Time
<b>Stroke and Turn Starter</b>	Wednesday Oct 13	6:15-9:15pm
<b>Stroke and Turn Meet Manager</b>	Saturday Oct 23	9:00-11:00am
<b>Stroke and Turn Starter</b>	Saturday Oct 23	8:30-11:30am
<b>Stroke and Turn Starter</b>	Saturday Nov 6	12:00-4:00pm
<b>Stroke and Turn Starter</b>	Saturday Nov 6	8:30-11:30am
<b>Stroke and Turn Starter</b>	Saturday Nov 20	9:00-11:00am
<b>Stroke and Turn Trio</b>	Saturday Nov 20	12:00-4:00pm

**FREE**

**ALREADY AND ACATIVE OFFICIAL?  
SIGN UP FOR VIRTUAL CLINICS HERE**

OFFICIAL CLINICS - SWIMMING CANADA  
EDU.SWIMMING.CA

Good luck to our Cougars Swimmers who are attending College Cup at UBC this weekend!



## Annual General Meeting Thursday November 18, 2021

**Notice of Annual General Meeting (AGM) - Thursday Nov 18th,  
7:30pm**

**The main objective of this meeting will be to review and approve the year-end financial statement. Any additions to the agenda can be made at the meeting.**

Time: 7:30 pm to 8:30pm

Location: Virtual Zoom Meeting.

- We will send the Zoom link 24h before the AGM
- Your screen name for the Zoom meeting should include your First and Last name.
- Voting will take place using the Zoom polling functions.

Please go to our website for more information under MEMBERS/AGM.

## News from our Coaches

**Head Coach & GM: Craig Nieuwstad  
Elite & Cougars**

**Email: [nieuwscraig@gmail.com](mailto:nieuwscraig@gmail.com)**

Winner of Swimmer of the Month for November from the Elite Group  
Congratulations Jada D



**Assistant Head Coach: Mitchell Hebert  
Juniors & Recreational**

**Email: [mheb52@gmail.com](mailto:mheb52@gmail.com)**

Winner of Swimmer of the Month for November from the Junior Group  
Congratulations Eve H





**Coach: Breanna Foster**  
**Prospect & Recreational**  
**Email: [Breanna.foster@icloud.com](mailto:Breanna.foster@icloud.com)**

Winner of Swimmer of the Month for November from the Recreational Group  
Congratulations Sadie H



Winner of Swimmer of the Month for November from the Prospect Group  
Congratulations Owen E



## Fundraising

Please go to our events page to see all the fundraising opportunities at this time. There are Bingo shifts and Rider Game shifts you can sign up for. This is a great way to meet other parents and earn money towards your fundraising commitment. Check your calendar and see where you can help out. Remember to check in often to the events page to see new dates or events added to the calendar.

[Regina Dolphins Swim Team - Events \(teamunify.com\)](https://www.teamunify.com/Regina-Dolphins-Swim-Team-Events)

[Regina Optimist Dolphins - Fundraising Opportunities \(teamunify.com\)](https://www.teamunify.com/Regina-Optimist-Dolphins-Fundraising-Opportunities)

## 50/50



**The 50/50 is slowly growing, currently at \$525. Make sure to promote to your family and friends!**

[Regina Optimist Dolphins Swim Team \(rods5050.ca\)](http://www.rods5050.ca)

## Lululemon

The Lululemon order has arrived. If you haven't picked up yet stop by the office.

Please complete the new pool survey by November 8, click the link below

[New Indoor Aquatics Facility | Be Heard Regina](#)

## New Indoor Aquatics Facility



This fall, the City began a feasibility study exploring a new indoor aquatics facility.

This work will include community research and consultation with key stakeholder groups and the public throughout the process.

Did you receive an access code in the mail? [Start your household survey!\(External link\)](#)

Didn't receive an access code? [Share your input in the public questionnaire!\(External link\)](#)

The City's Recreational Master Plan prioritizes a new indoor pool to address aging infrastructure, a community desire for contemporary spaces and the increasing need for year-round aquatics programming to better serve the competitive and recreation needs of our community.

The feasibility study will explore how this potential new facility will fit in with other aquatics programming around the city. We will also look at considerations like project timelines and costs, sustainability aspects and desired uses.

The proposed site is the Lawson Aquatic Centre at 1717 Elphinstone Street. The study will consider how the existing infrastructure might fit into future plans.

## Swim Meet Chaperones

As we are planning travel meets this season we will be in need of chaperones. If you are interested in chaperoning please email the office to get more information. We have upcoming meets in Winnipeg and Saskatoon after Christmas and we'll require chaperones for these trips. Chaperoning is a great way to get to know all the swimmers, get a free trip to an away meet, and you also earn your volunteer points (40 points per day). Chaperoning is open to moms or dads, please think about volunteering.

## Christmas Poinsettias

Our sponsor The Optimist Club of Regina is running their annual Poinsettia fundraiser. You can order red, white or pink and they are \$15 each. Please contact the office by November 15 to place your order and they will be ready for pick up after December 2. Please support the club that supports us!

