

Upcoming Events

Goldfins Invitational
Saskatoon
October 27-29

October 27
Halloween Party

Lasers Short Course
Saskatoon
November 18

AGM
Classroom 2
November 21

Regina Optimist Dolphin Swim Team

Weekly Newsletter October 6, 2023

Swimmers of the Month for September

Intro Silver RODS
Congratulations Sophia



Intro Silver Cougars
Congratulations Natiana



Intro Gold Cougars
Congratulations Vishi



Recreational
Congratulations Georgia



Prospect Silver
Congratulations Aarshia



Prospect Gold
Congratulations Sophia



Junior Provincial
Congratulations Tenley



Junior National
Congratulations Josh



Elite Congratulations Ben



Goldfins Invitational

The Goldfins Invitational has now had a change in the qualifying times. No qualifying times for 50, 100 and 200 races. The qualifying times are only for the 400, 800 and 1500. Those swimmers must have achieved at least one AA 2016-2024 ManSask qualifying time in the 12-year-old female or 13-year-old male age group category, regardless of age category entered.

[2016-2024 ManSask Time Standards](#)

Deadline to decline is October 13. This is a bus travel meet to Saskatoon. Chaperones are still needed. The bus will leave from the University on Thursday, October 26 at 6PM and return Sunday night.

Chaperones

Chaperones are always needed for our travel meets. Chaperones are still required for the Goldfins meet next month. Please contact the office if you are interested in chaperoning at a travel meet this season. It's a great way to get to know the kids better. You get your transport, hotel and meals covered. And you get to watch some great swimming! Please read the following document for more information. A current CRC/VSS is required. [Chaperone Guidelines](#)

Halloween Party

Our annual Halloween Party will be held at the U of R on Friday, October 27 for all swimmers not attending the Saskatoon meet. Dress up for a costume parade, treats and fun in the pool.

Happy Birthday

Happy Birthday Alvin D!



Fundraising

Please go to our events page to sign up for Bingo, Rider Games and other fundraising opportunities. This is a great way to meet other parents and earn money towards your account. Check your calendar and see where you can help out. Remember to check in often to the events page to see new dates or events added to the calendar.

Rider Game dates for the season have been posted. New Bingo dates have been posted through the end of October.

RODS Awards Gala



Ticket sales are open until Monday, October 9. Please stop by the office to pick up your tickets or arrange to have them dropped at the University. This year's gala will be particularly exciting as the dinner and awards presentations will be followed by a dance featuring DJ Doug Dimen of Platinum Music Services and photo booth.

As well, photos will be taken by Becky Wiens Photography & Design. The sit down dinner includes salad, chicken dinner (vegetarian option-by advance request only), dessert and coffee, also late-night tiramisu! There will be a cash bar.

We will be having a great raffle table with some amazing prizes!

Three **\$1000 WestJet gift cards!** (courtesy of Dr Shanti Lala of PSMI),

Three exceptional gift baskets by the Wascana Flower Shoppe (valued at \$150 each)

Four Soma gift baskets (valued at \$180, \$200 and \$250)

Tickets \$5 each of 5 for \$20

Thank you to our title sponsor PSMI – Prairie Skies Medical Imaging - as well as Balloon Bar YQR and the Wascana Flower Shoppe.



Contact Us

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Office Hours at the Lawson
Monday-Thursday 4-6PM

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